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Experience

Commercial

Bally Total Fitness	National Print Ad Model	RocketScience
Bally Total Fitness	National Website Success Feature Story	
Bally Total Fitness	National Spot Principal Role	RocketScience
Bally Total Fitness	National Spot Principal Role "Landano Sisters" (lead)	A. Eicoff and Co.

Television

Fox Good Day NY	Exercise with Your Dog Segment	Fox
Good Day New York	Exercise Segment (LIVE)	FOX
ABC/KOMO Seattle, WA	Exercise/Weight Loss Segment	ABC
ABC's The View	9 Minute Weight Loss Segment	ABC
NBC Today Show	Extra (Promo)	NBC
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Issaac Mizrahi Show	E! Style Makeover	E! Channel
The Wayne Brady Show	4 Minute Makeover Segment	ABC
MTV's Real World Miami	Finalist	MTV/Viacom

Print

Looking Good Now Magazine	Cover Story (Diet and Exercise)	
Chase Bank	Print Ad Extra	Chase Bank
Schering Plough	National Print Mode	Asmanex

Spokesperson

Bally Total Fitness Corporation-Weight Loss Success Story/Personal Trainer
Looking Good Now Magazine-Weight Loss Success Story
Walt Disney World International Fellowship Ambassador

Special Skills/Training

Marki Costello *Hosting Bootcamp (NYC)
Patricia Stark *Hosting, Teleprompter/Ear Prompter (NYC)
Patricia Stark *Advanced Television Hosting (NYC)
Barry Shapiro *Commercial Training Class (Actors Connection, NYC)
Barry Shapiro *Commercial Improv
Public Speaking and Marketing
Certified Reaction Spinning/Cycling Instructor
Health and Fitness Weight Loss/Diet Trainer
NASM. CPT